



Hand Washing Activity

ACTIVITY | Hand Washing Pledge

GRADE LEVEL | Pre-kindergarten and kindergarten

ESTIMATED TIME | 30 minutes

OBJECTIVE | To teach students how to prevent passing germs to others.

MATERIALS

- Copy of the handwashing pledge, 1 for every student
- Copies of the germ decorating cutouts, 1 for every 4 students
- Scissors
- Glue
- Crayons, markers, and/or colored pencils
- Any other decorating materials

ACTIVITY INSTRUCTIONS

Step 1

Provide a handwashing demonstration and explain that washing hands helps everyone stay healthy. Tell students that each one of them will get to make a pledge to make sure and not spread their germs.

Step 2

Provide a copy of the pledge for every student.

Step 3

Instruct the students to pick a name for their germ.

Step 4

Assist students in writing his/her name, the school's name, and the name of the germ on the pledge.

Step 5

Assist students in cutting out eyes, eyebrows, a nose and a mouth to decorate their germ.

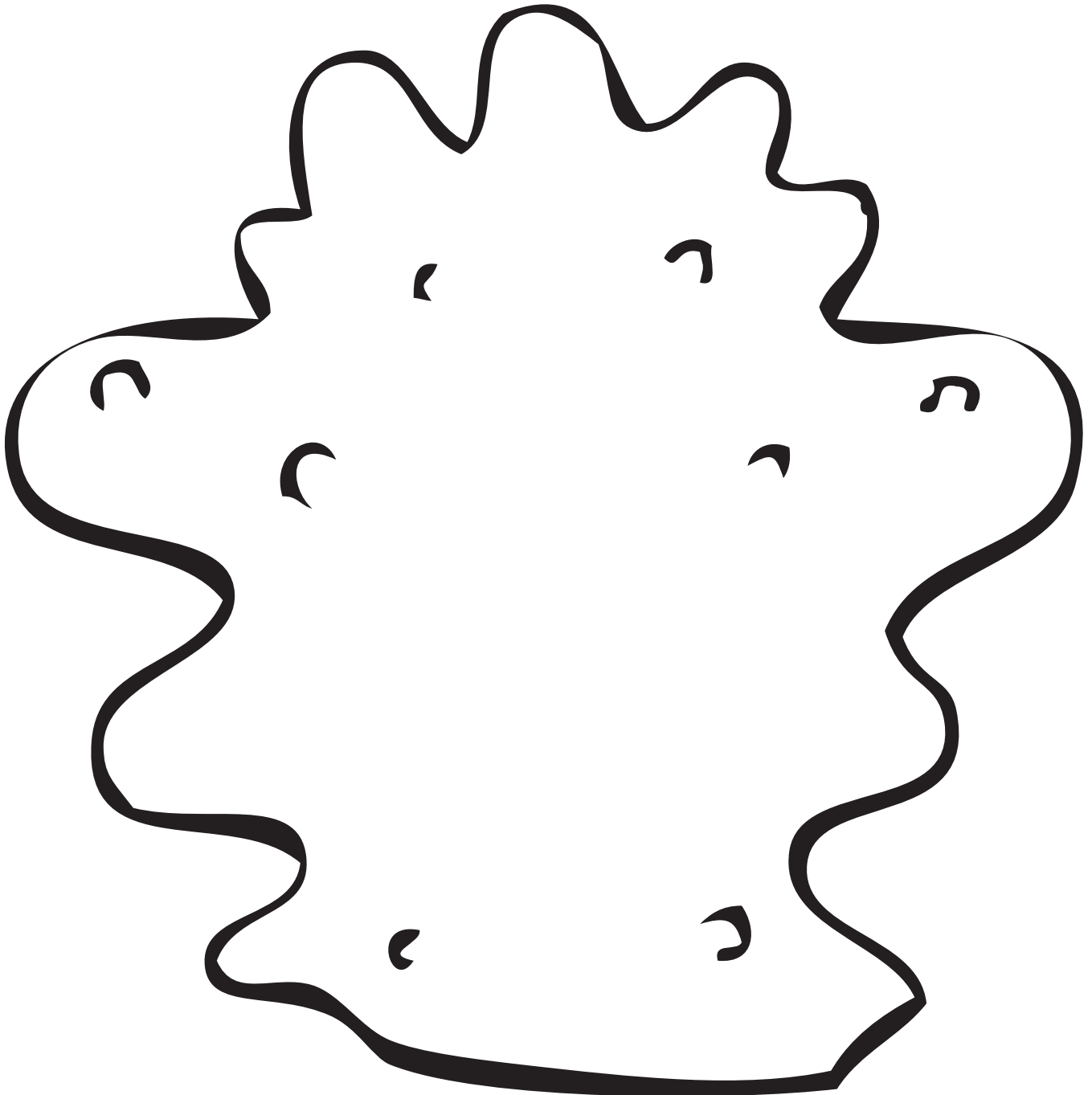
Step 6

Display the pledges in the classroom.

I, _____, pledge to stop _____ from
(insert student name) (insert germ name)

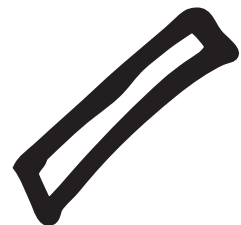
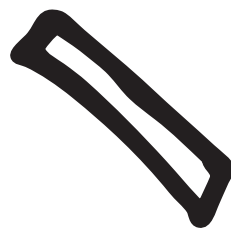
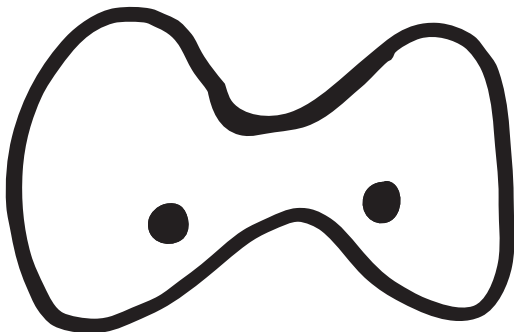
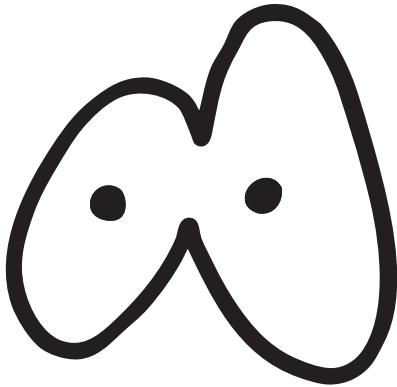
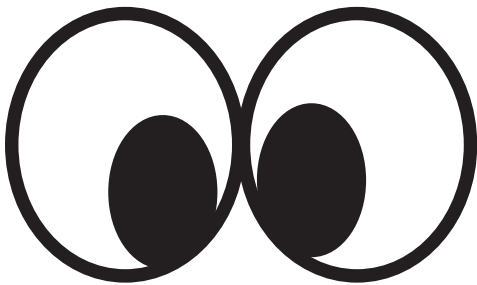
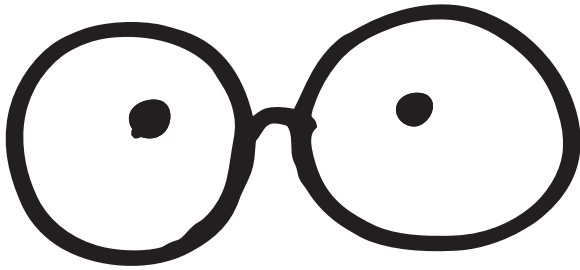
traveling around my _____ by washing my
(insert place—ie. school, house, etc.)

hands with warm water and soap for 20 seconds.



My germ's name is: _____

Pick one set of eyes and eyebrows. Cut. Paste on germ. Color.



Pick one mouth and nose. Cut. Paste on germ. Color.

